

**The extra
support you
need is here**

AccordantCare[®] offers you a helping hand to manage your complex condition as part of your benefit plan - so it's at no extra cost to you.

You'll have dedicated, specially trained program nurses ready to support you 24/7. You can reach them by phone and online whenever you need them. Our total approach helps you stay as healthy as possible to live your best life.

**Ready to get
started?**

Choose how you'd like to enroll

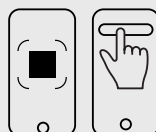
Call 1-844-218-3963

Monday-Friday, 6 AM to 7 PM, MST.

(TTY: **1-800-735-2962**)

Register or sign into MyChart^{®*} at mychart.accordant.com

Download the Health Optimizer[®] app
at [Ter.li/ntlsup](https://ter.li/ntlsup) or scan the code



To scan the QR code:
Open your camera.
Scan the code.
Tap the link.

We're here for you 24/7

Lend emotional support to help you cope

Give you nutrition tips

Provide guidance on insurance and medical equipment

Help you plan for future doctors' appointments



Help you understand your treatment plan and medications

Help you prevent and manage symptoms

Help you understand how your condition can affect your daily life

Connect you to local resources and support

24/7 support for these complex conditions:

- Amyotrophic Lateral Sclerosis (ALS)
- Chronic Inflammatory Demyelinating Polyradiculoneuropathy (CIDP)
- Chronic Kidney Disease (CKD)
- Crohn's Disease
- Cystic Fibrosis (CF)
- Dermatomyositis
- Epilepsy (Seizures)
- Gaucher Disease
- Hemophilia
- Human Immunodeficiency Virus (HIV)
- Inclusion Body Myositis (IBM)
- Juvenile Idiopathic Arthritis (JIA)
- Multiple Sclerosis
- Myasthenia Gravis
- Parkinson's Disease
- Polymyositis
- Rheumatoid Arthritis (RA)
- Scleroderma
- Sickle Cell Disease
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis (UC)

*MyChart is a registered trademark of Epic Systems Corporation.

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