



Virtual care services

Whether you're at home, at work, or feeling under the weather, **get the care you need, when you need it.**

How is a virtual visit different from an in-person visit?

Virtual care is great for healthcare needs that don't require a physical exam. Otherwise, it's very similar. Visits can be held on your smartphone or computer where your healthcare provider will ask questions about your health and focus on your main concern. If there are urgent health needs, you might be referred to the right level of care.

Primary and preventive care



- Routine check-ups and preventive screenings
- Condition management (diabetes, heart disease, COPD, and more)
- Mental health support (provider assessment for mental health concerns)
- Establishing care (getting to know your provider)
- Discussing medications or getting refills

Immediate & sick care



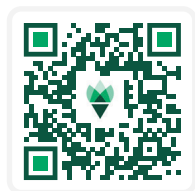
- Bronchitis
- Common cold and cough
- Constipation
- Diarrhea
- Eye infections
- Headache
- Joint pain
- Nausea and vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat

Family care (ages <X+>)



- Minor injuries (cuts, scrapes, and minor burns)
- Sick care (fever, flu, vomiting, pink eye, cough, and more)

Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (non-preventative, in-person visits are \$45 for members on the HDHP only).



CEBT Health & Wellness Centers
To view locations or schedule an appointment, visit:
my.marathon.health

CEBT
Benefit by Trust

All visits are conducted through a secure platform to ensure patient confidentiality. The care you receive by Marathon Health is protected by state and federal law.