Find relief

We’re here to make your life easier while living with a chronic condition. We work with you to manage your symptoms and make a plan to improve your health. Our goal is to help you care for yourself.

Your CEBT Health & Wellness Center provider will help you navigate your healthcare resources and create a personal program to manage your condition(s). Plus, we coordinate your care with other medical providers. These services are provided at no cost to you.

Examples of chronic health conditions we can help you manage:

- Asthma
- COPD
- Coronary Artery Disease
- Depression
- Diabetes
- GERD
- Heart Failure
- Hypertension
- Low Back Pain
- Metabolic Risk Syndrome
- Osteoarthritis
- Rheumatoid arthritis
- Sleep apnea

At Marathon Health, my provider involves me in my health plan - I’m part of the team. They helped me become more stable and better manage my condition.

– Dawn, Marathon Health Patient