Your Path to Better Health
Get the right level of care at the right time.

Start

Are you sick, injured, experiencing discomfort, or having mental health concerns?

Yes

Is this an emergency?

Yes

For medical emergencies, call 911 or go to the emergency room:
• Severe injuries or pain
• Uncontrolled bleeding
• Chest pain
• Shortness of breath
• Mental health crisis

No

No

Are you sick, injured, experiencing discomfort, or having mental health concerns?

Yes

Is this an emergency?

Yes

Log on to triadep.com to explore additional support options. 
Username: CEBT password: eap 
or call 970-242-9536 or 877-679-1100 (toll free).

No

No

Do you need additional support for your mental wellbeing?

Yes

Can you wait until the health center is open?

Yes

Can a phone or video consult help?

Yes

Can you quickly get to your primary care provider?

Yes

Log on to kp.org to explore your virtual care options.

No

No

Is the health center open?

No

Can you wait until the health center is open?

Yes

Do you have a Kaiser Health Plan?

Yes

Schedule an appointment at my.marathon-health.com for in-person and virtual CEBT Health & Wellness Center services*:
• Acute/sick care
• Coaching to meet health goals
• Annual physicals
• School/sports physicals
• COVID-19 screening and testing
• Minor injuries
• Common medications prescribed and dispensed
• Blood draws/lab tests

No

No

Can you wait until the health center is open?

Yes

Can you quickly get to your primary care provider?

No

Schedule a visit with your primary care provider (average cost $130+).

No

Go to urgent care when the health center is closed.

my.marathon-health.com
*Employees, spouses, and dependents ages 2 and older who are on the medical plan are eligible to use the virtual and in-person services provided at any of the CEBT Health & Wellness Centers. Services include primary and preventive care such as annual physicals, school and sports physicals, wellness visits, chronic condition coaching, and health coaching. There is no cost to patients for services delivered at the health centers (sick visits are $45 for members on the HDHP only).

CEBT Health & Wellness Center Services
• Health assessments
• Blood draws and lab tests
• Annual and student physicals, if applicable
• Illnesses and minor injuries
Average Cost $0

Teladoc can treat (by phone):
• Cold and flu symptoms
• Respiratory infections
• Ear and eye infections
• Urinary tract infections
• Allergies
And more!
Average Cost $0 ($49 HDHP)

Triad EAP:
• Emotional well-being
• Work and career stress
• Death of a loved one
• Child care and parenting dilemmas
• Financial issues
Average Cost $0

Urgent care centers handle these types of visits (primarily injuries):
• Lacerations
• Minor burns
• Sprains
• X-Ray+
Average Cost $160+

Emergency rooms handle these types of visits:
• Severe injuries or pain
• Uncontrolled bleeding
• Chest pain
• Shortness of breath
• Mental health crisis
Average Cost $1000+

Call Teledoc 24/7 at 1-800-TELADOC or visit teledoc.com/CEBT (all ages).
Important Contact Information

CEBT HEALTH & WELLNESS CENTERS

CEBT Health & Wellness Center at Rifle
707 Wapiti Avenue, Suite 201-A
970-440-8085

CEBT Health & Wellness Center at Glenwood Springs
1901 Grand Avenue, Suite 200
970-440-8087

CEBT Health & Wellness Center at Gypsum
35 Lindbergh Drive, Suite 110
970-431-2871

CEBT Health & Wellness Center at Loveland
2889 N. Garfield Avenue
970-744-2866

CEBT Health & Wellness Center at Greeley
4675 W. 20th Street Road, Unit B
970-373-4625

CEBT Health & Wellness Center at Widefield
930 Leta Drive
719-551-5808

Primary Care Provider

Phone:

After-hours phone (if applicable):

Urgent Care Center

Address:

Phone:

Emergency Room

Address:

Phone: