

Chronic Condition Coaching



Find relief

We're here to make your life easier while living with a chronic condition. We work with you to manage your symptoms and make a plan to improve your health. Our goal is to help you care for yourself.

Your CEBT Health & Wellness Center provider will help you navigate your healthcare resources and create a personal program to manage your condition(s). Plus, we coordinate your care with other medical providers. These services are provided at **no cost** to you.

Examples of chronic health conditions we can help you manage:

- Asthma
- COPD
- Coronary Artery Disease
- Depression
- Diabetes
- GERD
- Heart Failure
- Hypertension
- Low Back Pain
- Metabolic Risk Syndrome
- Osteoarthritis
- Rheumatoid arthritis
- Sleep apnea



At Marathon Health, my provider involves me in my health plan - I'm part of the team. They helped me become more stable and better manage my condition.

-Dawn, Marathon Health Patient



CEBT Health & Wellness Centers

Widefield: 930 Leta Drive | 719-551-5808

Rifle: 707 Wapiti Avenue, Suite 201-A | 970-440-8085

Glenwood Springs: 1901 Grand Avenue, Suite 200 | 970-440-8087

Gypsum: 35 Lindbergh Drive, Suite 110 | 970-431-2871

Loveland: 2889 N. Garfield Avenue | 970-744-2866

Greeley: 4675 W. 20th Street Road, Unit B | 970-373-4625

my.marathon-health.com

CEBT
Benefit by Trust



Marathon
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