



Chronic Condition Coaching



We're here to make life easier

We want to help you **find relief while living with a chronic condition.** We work with you to manage your symptoms and make a plan to improve your health. Our goal is to help you care for yourself.

What should I expect?

Your Marathon Health provider will help you navigate your healthcare resources and **create a personal program** to manage your condition. Plus, we coordinate your care with your other providers to ensure you're up to date on your tests and vaccines, all at **no cost to you.**

Is this program for me?

Anyone with one of the following conditions is eligible for this **free** program:

- Asthma
- Chronic obstructive pulmonary disease
- Coronary artery disease
- Depression
- Diabetes
- Gastroesophageal reflux disease (GERD)
- Heart failure
- Hypertension
- Low back pain
- Metabolic risk syndrome
- Osteoarthritis
- Rheumatoid arthritis
- Sleep apnea

To schedule an appointment, please visit my.marathon-health.com or call your health center.

CEBT Health & Wellness Centers

Widefield: 930 Leta Drive | 719-551-5808
Rifle: 707 Wapiti Avenue, Suite 201-A | 970-440-8085
Glenwood Springs: 1901 Grand Avenue, Suite 200 | 970-440-8087
Gypsum: 35 Lindbergh Drive, Suite 110 | 970-431-2871
Loveland: 2889 N. Garfield Avenue | 970-744-2866
Greeley: 4675 W. 20th Street Road, Unit B | 970-373-4625

CEBT
Benefit by Trust

