Help employees and their families with benefits designed to improve their hearing.

UMR medical plans include discounted hearing health benefits designed to deliver value, choice and a positive employee experience.

Untreated hearing loss may be costly in terms of absenteeism and presenteeism. Employees may have difficulty performing their work and experience other health issues such as anxiety and depression.

By helping employees and their families maintain or improve their hearing health, you may help them enhance or maintain their overall well-being and productivity.

Hearing loss is connected to other health conditions.

<table>
<thead>
<tr>
<th>Medical Condition</th>
<th>Connection/Effect</th>
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<tbody>
<tr>
<td>Alzheimer’s and dementia</td>
<td>Dementia risk may be up to 5x higher with hearing loss.¹</td>
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<tr>
<td>Cardiovascular disease</td>
<td>Hearing loss can be an indicator for cardiovascular disease.¹</td>
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<tr>
<td>Chronic kidney disease (CKD)</td>
<td>Moderate CKD is associated with a 54 percent increased risk of hearing loss.²</td>
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<tr>
<td>Depression</td>
<td>Symptoms go down and quality of life goes up with hearing aid use.¹</td>
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<tr>
<td>Diabetes</td>
<td>Hearing loss is 2x more likely for those with diabetes.³</td>
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<tr>
<td>Falling</td>
<td>Hearing loss linked to a 300 percent increase in falling risk.⁴</td>
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<tr>
<td>Hospitalization</td>
<td>32 percent more likely for older adults with hearing loss.⁴</td>
</tr>
</tbody>
</table>

Helping improve hearing may improve overall health.
Choices make it easier to help improve hearing.

As part of your medical benefit, UnitedHealthcare makes it easier to help employees and their families get hearing aids in the way they prefer:

- In person through the largest network of hearing providers in all 50 states.6
- In home, making it convenient to order custom-programmed hearing aids online after a hearing test.

- Name-brand and private-labeled hearing aids at significant savings.
- More than 5,000 accredited hearing provider locations.
- Delivery in store or to doorstep (doorstep in just 5–10 business days).
- Knowledgeable experts help each person get a personalized hearing solution.

Enable a positive employee experience that goes beyond hearing health.

UnitedHealthcare Hearing plans support overall employee wellness and further the whole-person approach to health benefits to encourage better health outcomes and lower costs.

Help increase employee productivity and overall health by offering hearing benefits with plans designed to deliver value, choice and a positive experience.

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3 American Diabetes Association.
4 Johns Hopkins Medicine.
6 2019 UnitedHealthcare Internal Data.