

PARTICIPANT'S JOURNEY

INTRODUCING OMADA

FIND OUT ABOUT OMADA®

Omada® is a digital care program that empowers people to achieve their health goals. Participants get the support and tools they need, including a health coach, connected devices, interactive lessons, and more.



CHECK ELIGIBILITY

But is it for me?



The landing page makes it easy for people to find out if they're eligible for Omada.



APPLY FOR OMADA

Ok, I think I'm ready for a change.



Eligible individuals can then immediately complete the 5-10 minute application.



RECEIVE CONFIRMATION

Yay, I'm in!



In 1-2 days they'll receive an email letting them know if they qualify to join, at no cost to the individual.



SET UP ACCOUNT

I'm really doing this...



They answer a few questions to help Omada personalize their experience. This takes about 10 minutes.



OBTAIN CGM PRESCRIPTION

I'm really doing this...



Where medically appropriate, Omada facilitates prescription and shipment of a continuous glucose monitor (CGM) sensor that will be worn for a two-week period following enrollment and a second sensor for a six-month follow-up.



RECEIVE A WELCOME KIT

Oooh, tools for success!



Within 1-2 weeks of completing account setup, participants receive their connected devices, which help to track their progress in the program.



MEET THE TEAM

I'm glad we're all in this together.



They are matched with a Certified Diabetes Care and Education Specialist (CDCES) and a type 1 or type 2 diabetes group of participants facing similar challenges for encouragement at every step.



PROGRAM KICK OFF

And off we go!



Groups kick off each Sunday with an intro message from the coach and access to the first lesson.

It only takes a few minutes to get started:

If you or your adult family member (18+) are on a CEBT PPO, EPO or HDHP medical plan and are eligible for any of the Omada programs offered by CEBT, your membership is covered.

[visit omadahealth.com/cebt](https://www.omadahealth.com/cebt) to learn more