Omada® is a digital care program that empowers people to achieve their health goals. Participants get the support and tools they need, including a health coach, connected devices, interactive lessons, and more.

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**Check Eligibility**

But is it for me?

The landing page makes it easy for people to find out if they're eligible for Omada.

**Apply for Omada**

Ok, I think I'm ready for a change.

Eligible individuals can then immediately complete the 5-10 minute application.

**Receive Confirmation**

Yay, I'm in!

In 1-2 days they'll receive an email letting them know if they qualify to join, at no cost to the individual.

**Set Up Account**

I'm really doing this...

They answer a few questions to help Omada personalize their experience. This takes about 10 minutes.

**Obtain CGM Prescription**

I'm really doing this...

Where medically appropriate, Omada facilitates prescription and shipment of a continuous glucose monitor (CGM) sensor that will be worn for a two-week period following enrollment and a second sensor for a six-month follow-up.

**Receive a Welcome Kit**

Oooh, tools for success!

Within 1-2 weeks of completing account setup, participants receive their connected devices, which help to track their progress in the program.

**Meet the Team**

I'm glad we're all in this together.

They are matched with a Certified Diabetes Care and Education Specialist (CDCES) and a type 1 or type 2 diabetes group of participants facing similar challenges for encouragement at every step.

**Program Kick Off**

And off we go!

Groups kick off each Sunday with an intro message from the coach and access to the first lesson.

**It only takes a few minutes to get started:**

If you or your adult family member (18+) are on a CEBT PPO, EPO or HDHP medical plan and are eligible for any of the Omada programs offered by CEBT, your membership is covered.

Visit omadahealth.com/cebt to learn more