Save yourself a trip by scheduling a call

Care that’s convenient for you

A phone visit is an alternative to an office visit, saving you time, and can be done whenever it’s convenient for you.

Phone visits can be scheduled with your primary care provider or another doctor, often the same day, for many common conditions. You can make the call from the comfort and convenience of home, work, or on the go.

How do I schedule a phone visit?

Contact the Appointment and Advice Contact Center at 303-338-4545 or 1-800-218-1059 (TTY 711), anytime, day or night, to schedule a phone visit with your primary care provider or an available provider. You can also schedule a phone visit online at kp.org/appointments. If you see a network provider, check with them to see if they offer phone visits.

When are phone visits available?

You can schedule a phone visit with your Kaiser Permanente doctor Monday through Friday, from 8 a.m. to 5:45 p.m. (times may vary by medical office). If you need a phone visit outside those hours, you can schedule an appointment with our after-hours physicians, Monday through Friday, from 6 p.m. to 10 p.m.

How much does a phone visit cost?

For your convenience, there is no charge for calling the Appointment and Advice Contact Center’s 24/7 nurse advice line. Nurse phone visits are of no charge with any nurse at a Kaiser Permanente medical office.

Currently, there is no charge for a phone visit for most health care plans. However, effective January 1, 2018 (or upon plan renewal), if you are enrolled in a high-deductible health plan, a phone visit will be subject to your deductible and plan coinsurance.

If you’re enrolled in a high-deductible health plan and have a phone visit with a network provider, this will result in an applicable copay/coinsurance.

For specific costs and details of your health care plans, review your Evidence of Coverage or Membership Agreement, or contact Member Services, Monday through Friday, 8 a.m. to 6 p.m.

Denver/Boulder: 303-338-3800
Mountain Colorado: 1-844-837-6884
Northern Colorado: 1-844-201-5824
Southern Colorado: 1-888-681-7878
TTY 711

Explore your care options at kp.org/getcare